





Sponsor's Full Name	HOME address	Postcode	Amount £	Date paid	Gift Aid (✓)

Please send your sponsorship form and money to:

Love Hope Strength Foundation, 33 Wilding Drive, Kesgrave, Suffolk, IP5 2AE

### Why not raise money online

You can now raise your sponsorship money more quickly and easily than ever before.

No more dealing with cash and cheques, no more chasing up friends after the event is over.... Now you can create your own free personalized sponsorship page and email it to your friends and family. They can donate easily and quickly online with a credit or debit card, 24 hours a day.

To create your page just go to: [www.justgiving.com/lhsf/](http://www.justgiving.com/lhsf/)

Then email your unique web address to all your friends, sit back and watch the total grow!



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